



## Star of the Sea Catholic School

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### Grade 1 Newsletter

**Dear Grade One Parents,**

Wow! Another monthly notice already! Something **Fishy** is up for November, as we explore the Needs of Living Things and their environments!

November Home Reading Game Attached- **Please return the October game board ASAP 😊**

The November Home Reading “Read-o Game” is attached- have fun! We hear from many parents that the children love it! Please remember to complete both sides of the page so your child can choose a prize. Don’t forget to read on Raz-Kids!

#### Small Group Learning

Please know that Gr.1 students have “small group learning opportunities” in the Learning Support Centre, where it is much quieter, and students can focus on reading and learning and practicing specific skills or even complete some learning activities.

#### Christmas Concert

If you missed it in an earlier Thursday Newsletter, Gr. 1 is expected to wear “**Sunday Best.**”

This means dress pants/ collared shirts /ties? for boys, and a dress or something “fancy” for girls. The outfits will be sent to school and the children will change in the classrooms, so be sure all **Costume items** are labeled and sent to school in a reusable bag with your child’s name on it (perhaps the **green bag** from the pumpkin patch?) As we have to do several changes at school, please keep it simple! 😊

#### Classroom Behaviour Monthly Focus~ Zones of Regulation~

<http://www.zonesofregulation.com>.

This month we are focusing on the “Zones of Regulation,” a system that sorts emotions into colours and helps students self-regulate their behaviour. Here is an abbreviated list for you to refer to, should your child announce at home that they are in the blue/ red/ green/ yellow zone.

BLUE- (We say “zoned out”) Tired, sick, bored.

GREEN- (We say “good to go!”) Focused, feeling OK, ready to learn.

YELLOW- (We say “getting stressed”) Worried, anxious, silly, stressed, excited.

RED- (We say “Lost it”) Mad, angry, mean, terrified, yelling, out of control.

We will also be practicing strategies for helping move from one zone, back to the **Green Zone.** 😊

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### Scholastic Book Order Attached

The November Book Orders are attached. THANK YOU for ordering online! Please return any orders to school by **Wednesday, November 6th**. If you’re thinking ahead to Christmas and would like to purchase Book Order items as surprise gifts, just add a “Christmas” note to your book order, and we’ll hide the order when it arrives and secretly let you know it is here! Here’s some suggestions:

**Lucky** - #31L3 **On The Internet** (How To Talk About On-line Safety) (\$10)

#32L3 **What Is Peace** (\$7)

### Fish Theme~ Dioramas! Come help!

Please be sure to have an adult-sized shoe box on hand, as we’ll be sending home blue paper to line the box with. On **Tuesday, November 19th** we will be transforming the boxes into an aquarium. We’ll need help with using glue guns to assemble them- see pg. 3! Feel free to send in interesting materials- sparkly ribbons, beads, shells- anything that helps make our dioramas sparkle!

These dioramas will be displayed in the Stella Maris Learning Commons until November 28th.

### Curriculum Notes

**Math** – we will be practicing addition to 12, memorizing “doubles” and how to “Make Ten”

**Religion** – we are learning about the Holy Family and Advent (in preparation for Christmas)

**Journal** is focusing on one sentence (or more) with a capital, period and finger spaces.

**Spelling**- we are working on consonants and 3 & 4 letter words using the vowels /a/o/i/u /e

**Sight Vocabulary**: your child should be finishing “level 2 Primer” words this month (list attached)!

To Fully Meet First Term goals, your child should be able to read all the Level One and Level Two words. Congratulations to the many children (30 in total!) who have finished ALL their Sight Words!

Please remember to return your child's Sight Word Booklet to school each Thursday.

### Upcoming Progress Reports~ Parent- Teacher Conferences

First Term Progress Reports come home Tuesday, November 26<sup>th</sup>. On Thursday, November 28<sup>th</sup> Parent-Teacher Conferences are being held, with 15 minute time slots available from 8:00 am – 8:00pm (Friday November 29<sup>th</sup> will be NO SCHOOL). This is your time to discuss the Progress Report, or any other questions/ concerns with your child's teacher (no children in attendance). Watch an upcoming Thursday School E-Newsletter, for how to book online.

Have a fish-y fabulous month! Thanks for all your support!

Yours truly,

*Mrs. Angela Bouvier*

*Mrs. Jacqui Thomson*

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### Sight Words: Primer (level 2):

all, am, are, at, ate, be, black, brown, but, came, did, do, eat, four, get, good, have, he, into, like, must, new, no, now, on, our, out, please, pretty, ran, ride, saw, say, she, so, soon, that, there, they, this, too, under, want, was, well, went, what, white, who, will, with, yes

### Sight Words: 1st Grade (level 3):

after, again, an, any, as, ask, by, could, every, fly, from, give, giving, had, has, her, him, his, how, just, know, let, live, may, of, old, once, open, over, put, round, some, stop, take, thank, them, then, think, walk, were, when

## **November Theme Focus Words**

### **Remembrance Day**

soldier	Remembrance Day	pray	forgive
poppy	poppies	peace	wreath

**Fish**

fish	swim	egg	aquarium	fins	breathe
gill	water food		tank	air	mouth

Doubles Facts to practise at home:  
practise at home:

$1 + 1 = 2$	$7 + 7 = 14$
$2 + 2 = 4$	$8 + 8 = 16$
$3 + 3 = 6$	$9 + 9 = 18$
$4 + 4 = 8$	$10 + 10 = 20$
$5 + 5 = 10$	$11 + 11 = 22$
$6 + 6 = 12$	$12 + 12 = 24$

Doubles Facts to

$0 + 10 = 10$	$10 + 0 = 10$
$1 + 9 = 10$	$9 + 1 = 10$
$2 + 8 = 10$	$8 + 2 = 10$
$3 + 7 = 10$	$7 + 3 = 10$
$4 + 6 = 10$	$6 + 4 = 10$
$5 + 5 = 10$	$5 + 5 = 10$

# **Aquarium Diorama Sign Up Form**

Please return this form to school (if applicable)

I would LOVE to help make a Fish Aquarium (diorama) !!

\_\_\_\_\_  
Parent's name

**YES! I would LOVE to help make aquarium dioramas in the classroom**

**on TUESDAY Nov. 19th at 1:45 pm.**

**\* please bring a glue gun if possible!**

**NOTE: Patience & Ear Plugs recommended !**